

20 23

ANNUAL REPORT

OUR MISSION

Valley Senior Living provides compassionate Christian care and service to enhance the quality of life for those we serve.

OUR VISION

As a family, we strive to enrich lives and honor individuality.

OUR VALUES

Excellence:

We strive to exceed the expectations of those we serve.

Trust:

We build relationships through caring and accountability.

Teamwork:

We work together to fulfill our mission.

Empowerment:

We encourage individual decision-making and choices.

Community:

We promote caring communities within and aspire to meet the needs of the community that surrounds us.



2022-2023

BOARD OF DIRECTORS

EXECUTIVE COMMITTEE OF THE BOARD OF DIRECTORS

Garth Rydland
Margaret Reed
Dave Molmen
Pete Hoistad
Karen Brekke
Sarah Raymond
Dwight Thompson
Michael Brown
Patrick Moore

President/Chief Executive Officer
Chairperson
Vice Chairperson
Treasurer
Secretary
Director
Director
Director
Director

BOARD OF DIRECTORS

Marilyn Nyberg
Loretta Prather
Sue Moe
Mary Benson
Wendy Waller
Pete Hoistad
Kristie Adam
Tara O'Hearn
Kim Cariveau
Ken Miller
Lloyd Haugen
Sharon Bakke
Robin Thompson
Jim Lancaster
Lori Saure
Linda Simmons
Sara Berg
Marilyn Nyberg
Dave Molmen
Marilyn Lee
Paulette Novak
Marcia Wehe
Betty Bloomquist
Susan Hahn
Carol Batko
Sarah Raymond
Garth Rydland
Margaret Reed
Michael Brown
Patrick Moore
Karen Brekke
Dwight Thompson

Ascension Lutheran Church, Emerado, ND
Augustana Lutheran Church, Grand Forks, ND
Bethany Lutheran Church, East Grand Forks, MN
Bethel Lutheran Brethren Church, Grand Forks, ND
Bygland Lutheran Church, Fisher, MN
Calvary Lutheran Church, Grand Forks, ND
East Walle Lutheran Church, Thompson, ND
Evanger Lutheran Church, Thompson, ND
Family of God Church, East Grand Forks, MN
Fisher Lutheran Church, Fisher, MN
Middle Grove Lutheran Church, Grand Forks, ND
Ness Lutheran Church, Mekinock, ND
Our Saviors Lutheran Church, East Grand Forks, MN
Redeemer Lutheran Church, Grand Forks, ND
Reynolds (St. Olaf/Zion), Reynolds, ND
St. Mark's Lutheran Church, Grand Forks, ND
St. Matthew's Lutheran Church, Thompson, ND
St. Paul's Lutheran Church, Honeyford, ND
Sharon Lutheran Church, Grand Forks, ND
Trinity Free Lutheran Church, Grand Forks, ND
Trinity Lutheran Church, Manvel, ND
United Lutheran Church, Grand Forks, ND
University Lutheran Church, Grand Forks, ND
Walle Lutheran Church, Thompson, ND
Zion Lutheran Church, Oslo, MN
Member Congregation Clergy
President/Chief Executive Officer
Appointed
Appointed
Appointed
Appointed
Appointed

EXECUTIVE LEADERSHIP TEAM

Garth Rydland

President/Chief Executive Officer

Adam Edwards

Chief Human Resources Officer

Angie Goulet

Administrator, Tufte Manor, Valley Senior Living on Cherry

Jenny Schultz

Director of Nursing, Woodside Village

Megan Anderson

Administrative Project Coordinator

Lori Bott

Chief Financial Officer

Gina Roller

Administrator, Valley Senior Living on 42nd

Jess Baumgarten

Director of Nursing, Valley Senior Living on Columbia

Cheryl Ekren

Housing Manager, Wheatland Terrace and Country Estates

OUR CORPORATE CHURCHES

Ascension Lutheran Church – Emerado, ND
Augustana Lutheran Church – Grand Forks, ND
Bethany Lutheran Church –
East Grand Forks, MN
Bethel Lutheran Church – Grand Forks, ND
Bygland Lutheran Church – Fisher, MN
Calvary Lutheran Church – Grand Forks, ND
East Walle Lutheran Church – Thompson, ND
Evanger Lutheran Church – Thompson, ND
Family Of God Church – East Grand Forks, MN
Fisher Lutheran Church – Fisher, MN
Middle Grove Lutheran Church –
Grand Forks, ND
Ness Lutheran Church – Mekinock, ND

Our Savior's Lutheran Church –
East Grand Forks, MN
Redeemer Lutheran Church – Grand Forks, ND
Reynolds Lutheran Church – Reynolds, ND
St. Mark's Lutheran Church – Grand Forks, ND
St. Matthew's Lutheran Church – Thompson, ND
St. Paul's Lutheran Church – Honeyford, ND
Sharon Lutheran Church – Grand Forks, ND
Trinity Free Lutheran Church – Grand Forks, ND
Trinity Lutheran Church – Manvel, ND
United Lutheran Church – Grand Forks, ND
University Lutheran Church – Grand Forks, ND
Walle Lutheran Church – Thompson, ND
Zion Lutheran Church – Oslo, MN

2022 LONGEVITY AWARDS

40 YEARS

Shelly Anderson-Pilon
Toni Lafrenz
Kimberly Morrison

35 YEARS

Darlene Clifton
Diane Habedank

30 YEARS

Paula Nowatzki

25 YEARS

Angela Goulet
Karen Klava

20 YEARS

Wanda Armstrong
Tara Gereau
Susan Hanson
Sonja Hathaway
Sandra Kemnitz
Sara Kukowski
Sarah Salender

15 YEARS

Mary Chisholm
Kari Gerszewski
Debra Kieckbusch
Lisa Kvasager
Marisa Nelson
Michelle Pachi
Kayla Porter
Laura Schauer

10 YEARS

Mallory Bakken
Angela Borgen
Kady Eck
Tamie Frericks
Carra Hindberg
Tanna Knudson
Marylou Kuster
Kaley Littlejohn
Janine Ogren
Kathryn Olson
Kamal Sharma
Ana Weisz

5 YEARS

Peter Amin
Twyla Bartel
Delaney Brooks
Tammie Burris
Andrew Cardinal
Michelle Coulter
Jonathan Cute
Jonathan Cute
Trace Dallman
Jodi Dub
Sabine Erickson
Rachael Etonde
Deborah Gaddie
Baillie Hanson
Noel Heinle
Hanna Holt
Sheila Hunsberger
Jordan Jacobson
Sarah Jacobson
Krubo Joploh
Philomena Kazmierczak
Brandy Keenan
Lisa Kerry
Dominique Koemstedt

Raquel Lopez
Felicity Mokambe
Leah Nelson
Rochelle Nelson
Angela Olson
Rebecca Peterson
Tyler Piche
Emily Reynolds
Dorrie-Ivy Rodriguez
Hanna Schiele
Falyn Shane
Kyle Slaathaug
Jenelle Stadstad
Cherie Stamper
Drake Strong
Melisa Swain
Emily Swenson
William Szeveczyk
Mariah Thiery
Timothy Tuma
Stacy VanCamp
Sara Whalen
Desta Wilkie
Jessica Zelio

2023 HIGHLIGHTS

A resident from Valley Senior Living on Columbia initiated and advocated for an increase in the Medicaid Personal Needs Allowance. As a result, the ND Legislature increased the Personal Needs Allowance by **\$35** per month for nursing home and basic care residents.



The volunteer program restarted.

Valley Senior Living is in its **100th YEAR** of operations. The Grand Forks Home of the Aged opened in 1924.



Grand Forks Head Start students reunited with residents from Wheatland Terrace and Woodside Village.

20 YEARS without using a staffing agency

Employees gave back **\$68,000** through the Partners in Caring employee-giving campaign.



The courtyard at Tuft Manor was dedicated as the Myra Foundation Courtyard.

We trained **156** new Certified Nurse Assistants.



Valley Senior Living is a Prairie Business 50 Best Places to Work.

Valley on Columbia and Woodside Village were both **5-STAR** nursing homes during the fiscal year.



The Federal Public Health Emergency for COVID-19 and the vaccine mandated ended.

Kinzie Grinde was named Caregiver of the Year and Shannon Holte was named Social Worker of the Year at the ND Long Term Care Convention.

PRESIDENT'S REPORT



I would like to thank the Executive Committee and the entire leadership team for your dedication to the residents of Valley Senior Living. It is truly a joy to work with you each day to serve our community!

Garth Rydland
President/CEO

A handwritten signature in dark ink that reads "Garth Rydland". The signature is fluid and cursive, with a horizontal line underneath it.

In 1924, we opened the Grand Forks Home of the Aged to care for 40 residents in our community. Today we have grown to provide care and services for over 530 people each day at our three locations in Grand Forks. Over the next year, we will celebrate our 100th anniversary as a locally owned, church governed, and not for profit corporation!

The highlight for the past year is the end of the federal health emergency for COVID-19. While the virus will continue to be part of our lives, there is now a true balance between safety and quality of life for residents. Since protecting ourselves from COVID-19 is now an individual decision, the vaccine mandate ended for staff, contractors, and volunteers.

Thank you so much to the caring and dedicated staff who hung in there with us over the course of the pandemic. We now see better days ahead! Increased wages combined with fewer pandemic restrictions have made our profession more desirable again as evidenced by nurse and CNA vacancy rates of four percent since the beginning of 2023. Most remarkably, we are celebrating 20 years of not using a nursing staffing agency at Valley!

We are proud of the quality of care and services our staff gives each day. Throughout the fiscal year, both Woodside Village and Valley Senior Living on Columbia were 5 star facilities as rated by the government. This measure compares health inspection results, staffing ratios, and quality measure outcomes to those across the country.

Each day we are given the opportunity to succeed due to the system we have for reimbursing long term care in North Dakota. I want to express our gratitude to our North Dakota Legislators for recognizing the staffing crisis in long term care and authorizing the necessary increases to address it in the 2023 legislative session.

BOARD CHAIRPERSON REPORT



It is my honor to serve as the Chair of the Board of Directors. 2023 has been a year of celebration and gratitude. The federally mandated public health emergency for COVID-19 ended on May 31. The COVID-19 vaccine mandate was lifted. We celebrated this year, and we reflected as we have made it through one of the most challenging healthcare endeavors ever faced. Thank you to all the residents, staff, and supporters for being with us and walking beside us through some dark times.

Margaret Reed
Board Chairperson

A handwritten signature in black ink that reads "Margaret M. Reed". The signature is written in a cursive style and is positioned to the right of the printed name and title.

I strongly feel that at Valley Senior Living we made it through because of everyone working together and believing in our mission of providing compassionate Christian care and service to enhance the quality of life for those we serve. Inflationary pressures caused us to increase wages. We currently have low vacancy rates for CNAs and nurses and we have accomplished another year without the need to use a staffing agency or travel nurses. Valley Senior Living was named a Prairie Business 50 Best Places to Work and Valley Senior Living on Columbia and Woodside Village were named 5-Star Nursing Homes. Two employees were recognized at the North Dakota Long Term Care Convention including Kinzie Grinde, Caregiver of the Year, and Shannon Holte, Social Worker of the Year. Congratulations to both and thank you for a job well done and the impact you have made at Valley Senior Living, with residents, and your co-workers.

State officials took notice throughout the year of all Valley Senior Living accomplished, all while remaining financially sound. The North Dakota legislature increased its financial support for nursing homes and basic care facilities throughout the state. These legislative changes and organizational successes do not happen without a dedicated team of leadership and staff and for that, I thank Garth and his team.

Next year will be the 100th year for Valley Senior Living. In 1924, the doors were opened as the Grand Forks Home of the Aged. This milestone has been accomplished through the support, direction, and leadership over the past 100 years from our affiliate churches and congregations, and from individuals in our region. Thank you for keeping Valley in your prayers and supporting our mission.

FOUNDATION REPORT



In 2024 Valley Senior Living will celebrate our 100th year anniversary of continuing our mission to “provide compassionate Christian care and service to enhance the quality of life for those we serve.” That milestone is a testament to the great work and extraordinary people that make up Valley Senior Living.

Shaun L. Havis
Director of Development
Valley Senior Living Foundation

A handwritten signature in dark ink that reads "Shaun L. Havis". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

The Valley Senior Living Foundation was established in 1985 to coordinate fundraising efforts and support the needs of our long-term care communities. Each year the Foundation advances the organization’s mission by enriching the lives of residents and their families and providing resources for staff development and education.

When you visit any one of Valley Senior Living’s care communities, I think you will agree that one theme is always constant; Valley feels like home. Comfort and community are always emphasized. Thanks to the generosity of a community of donors such as family members, congregations, businesses, foundations, and volunteers, the Valley Senior Living Foundation is able to invest in that feeling of home in many ways. Purchasing physical items and funding program support are ways that the Foundation contributes to a resident’s quality of life, a family’s peace of mind, and our staff’s development.

Throughout the previous fiscal year, the Foundation hosted five successful signature events to raise funds for our focus areas we refer to as our Foundation “pillars”. These four program areas include the: **Chaplaincy Ministry** program to provide spiritual care, **Music Therapy** program to provide stimulation and social interaction, **Intergenerational** programs to encourage interaction among the generations, and **Community Connections** to maintain participation in community events and other special requests like our Wishing Well fund.

I would like to thank all Valley Senior Living staff members who participate in Foundation events throughout the year with their time, talents, and financial support. Valley’s internal employee campaign Partners in Caring, raised over \$68,000 this year. Those funds support neighborhoods and their resident’s needs, staff enrichment and wellness, and the Greg V. Hanson Nursing Scholarships.

The Valley Senior Living Foundation is committed to continuing the growth of our fundraising program to support the mission of Valley Senior Living. Please accept our deepest gratitude for all your generosity – annual donations, timely grants, bequests, and all forms of support. Our Foundation is honored when someone chooses to leave a thoughtful legacy within their estate plans. We look forward to serving those who place their trust in our organization.

FINANCIAL OVERVIEW

2022-2023 FISCAL YEAR HIGHLIGHTS



Lori Bott
Chief Financial Officer

A handwritten signature in black ink that reads "Lori Bott".

The organization remains financially stable with net assets of \$25.6 million and \$12.6 million in operating cash and CDs and \$1.9 million in funded depreciation and reserves (the equivalent of 100 days cash on hand) as of June 30, 2023. For the fiscal year that ended June 30, 2023, the organization experienced an increase in net assets of \$12.2 million which equates to a 21.5% margin for the year. This margin includes accrued revenue of \$11.4 million for the Employee Retention Credit (ERC) explained below. The increase in net assets excluding ERC was \$784,201, or a margin of 1.4%. Excluding ERC, both nursing homes experienced positive margins and the housing communities experienced negative margins. The losses in housing are partly attributable to occupancy, but mostly due to expenses increasing at levels that outpaced increases in rent and other charges.

CENSUS AND OCCUPANCY

Consolidated occupancy for the year was 95%, which was the same consolidated occupancy as the prior year. See the chart for each community's occupancy rates. Woodside Village experienced an increase in occupancy this fiscal year and Tufte Manor experienced a decline; all other communities were relatively stable compared to the prior year.

IMPROVED LABOR MARKET AND STAFFING

Due to the competitive nature of the workforce, market salary adjustments were required at different times throughout the year but not to the extent that was experienced during the height COVID pandemic. Total salary and benefit expenses increased 9% compared to 11% the prior year. We are experiencing fewer open positions and there has been a notable decrease in incentive pay to staff. It remains a high priority to continue to recruit and retain quality staff.

EMPLOYEE RETENTION CREDIT

The spike in revenue and margin this year was primarily due to the recording of a \$11.4 million Employee Retention Credits. Valley Senior Living filed for ERCs for Quarters 1-3 of 2021 in May of 2023; these funds have not yet been received and are reflected as a receivable on the Statement of Financial Position.

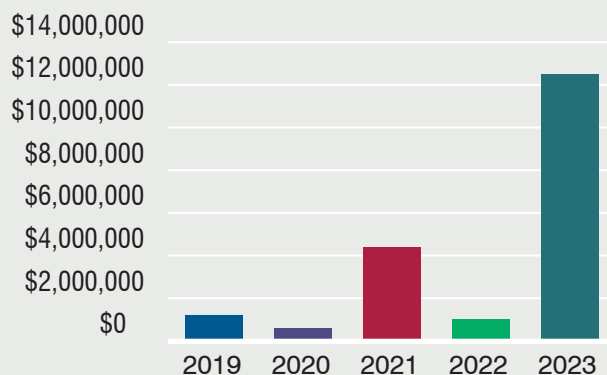
OUTLOOK FOR 2023-2024

The 2023-2024 budget is projecting a profit margin of 2.8% and a relatively stable cash position. The budget assumes consolidated occupancy at 95%, a 4.8% increase in revenues (excluding ERC) and a 5.4% increase in expenses.

*A copy of audited financial statements is available upon request by contacting
Lori Bott at 701-787-7912 or lbott@valleyseniorliving.org.*

FINANCIAL PERFORMANCE RATIOS AND STATISTICS

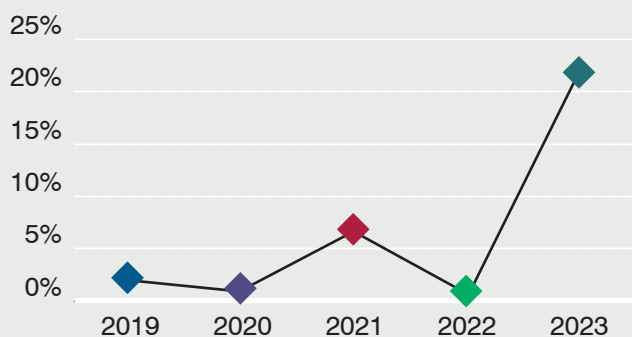
**Valley Senior Living
Increase in Net Assets**



Increase (Decrease) Net Assets

	2019	2020	2021	2022	2023	2023 (excluding ERC)
Valley Homes & Services	\$ (512,734)	\$ (210,523)	\$ 2,740,938	\$ 1,056,469	\$ 7,453,226	\$ 716,235
4000 Valley Square	\$ 1,402,189	\$ 465,224	\$ 1,312,499	\$ (196,844)	\$ 4,780,166	\$ 67,966
Valley Senior Living	\$ 889,455	\$ 254,701	\$ 4,053,437	\$ 859,625	\$ 12,222,392	\$ 784,201

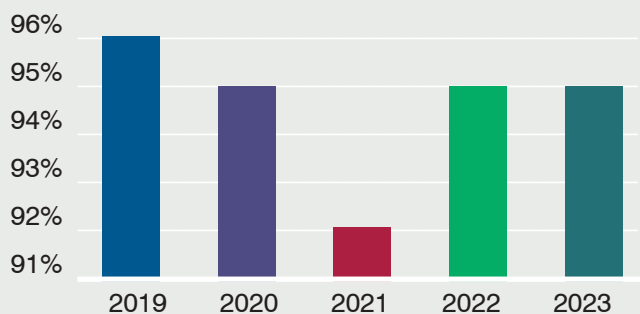
Valley Senior Living Operating Margin



Operating Margin

	2019	2020	2021	2022	2023	2023 (excluding ERC)
Valley Homes & Services	-1.9%	-0.8%	8.1%	3.1%	22.4%	2.2%
4000 Valley Square	8.1%	2.4%	5.9%	-0.9%	20.02%	0.3%
Valley Senior Living	2.0%	0.5%	7.6%	1.6%	21.5%	1.4%

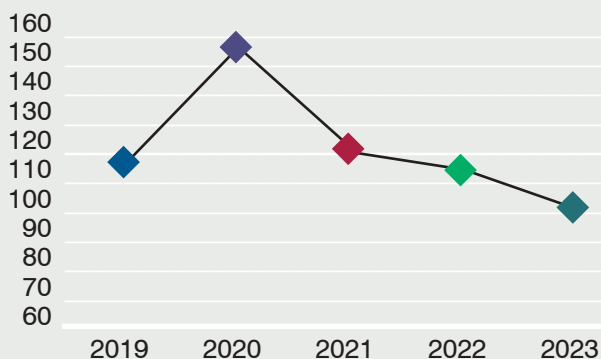
Valley Senior Living Occupancy



Occupancy

	2019	2020	2021	2022	2023
Valley Senior Living	96%	95%	92%	95%	95%
Valley on Columbia	95%	92%	86%	94%	94%
Tufte Manor	96%	85%	95%	96%	93%
Woodside Village	98%	97%	95%	96%	98%
Wheatland Terrace	97%	97%	82%	92%	90%
Country Estates	95%	98%	93%	97%	96%

Valley Senior Days Cash on Hand



Days Cash on Hand

	2019	2020	2021	2022	2023
Valley Homes & Services	76	97	79	88	82
4000 Valley Square	176	238	181	146	125
Valley Senior Living	118	158	122	113	101

LIFETIME GIVING

The Valley Senior Living Foundation gratefully acknowledges the following individuals for their lifetime commitment of \$10,000 or more to Valley's mission and the Foundation's pillars to continue to enhance the quality of life for residents. The gifts below are through the year ending June 30, 2023.

Diamond

(\$500,000 - \$999,999)

Herman & Matti Jorgenson Estate
US Bank

Founders

(\$250,000 - \$499,999)

Myra Foundation
Sally J. Page Estate
Clarence & Stella Sande*
Adolph & Georgia Tobiasson*

Century

(\$100,000 - \$249,999)

Joanne & Alton Baglien*
Bethesda Society
Vonnie Davis*
Henry M. & Lila M. Havig Trust
North Dakota Community Foundation
Mabel Sando Estate
Madeline G. Schlosser Estate
Vaaler Insurance
WIDSETH

Bethesda

(\$50,000 - \$99,999)

Alerus
Altru Health System
Irene Bostrom Estate
Calvary Lutheran Church
Bernice Goodman
Les & Patty Howard
Hugo's
Geraldine Jenson Estate
Garth & Christine Rydland
Wayne & Carol* Stark
Nellie J. Svee Fund
Thrivent Financial
Trinity Lutheran Church – Manvel
United Lutheran Church
Valley Senior Living Club
Paul & Claudia Zimmer

Cornerstone

(\$25,000 - \$49,999)

Richard Beringer Trust
Bethel Lutheran Church

Donald* & Joy Bostrom
Steve & Lori Bott
Brady, Martz, & Associates, PC
Bremer Bank
C&R Cleaners & Laundry
Camrud, Maddock, Olson & Larson, Ltd.
Effie Canute*
Victor & Nina Cranley Trust
Fisher Lutheran Church
Josephine Flatrud Estate
Frandsen Bank & Trust
Milton & Luella Homstad*
Paul Howard
ICS, Inc.
Eugene Lautenschlager*
Lunseth Plumbing & Heating
Olga Neal Estate
North Risk Partners
Jean Peterson
Frederick Rehwaltd*
Archie & Alpha Scott*
Sharon Lutheran Church
Dr. & Mrs.* A.G. Tweet
University Lutheran Church
Bruce & Renee Vaaler
Ross Watland Estate
Xcel Energy

Heritage

(\$10,000 - \$24,999)

Alvis Amble Charitable Trust
American Federal Bank
Donette Arndt
Augustana Lutheran Church
Ben Bjertness*
Mark & Sue Bjornstad
June Blakely*
Border States Electric Supply
Bygland Lutheran Church
C.L. Linfoot Co.
Century Electric, Inc.
CFS Interiors & Flooring
Jack* & Yvonne Cronquist
Pearl Dostal Estate
Ernest & Norma Egeland Estate
Vivian Erickson
Wilma A. Galegher*
Gate City Bank
James & LuAnne Gjerset

Grand Forks Herald
Evelyn Grove*
Greg V. Hanson*
Pete & Melanie Hoistad
Ben & Barb Holien
Home of Economy
William Hulteng
Gordon & Trudy Iseminger
JB Electrical Design
Charles "Bud" & Claudia Johnson
JR Simplot Co.
John & Doris Lambie
Marco Business Products
Martin Mechanical Design, Inc.
Norval & Marge Meagher Estate
Walter Mellem*
Joe & Missy Miedema
Patrick & RoxAnne Moore
Myrtle Moss Estate
Robert & Doris Myron*
Networking Specialists, Inc.
James* & Donna Olson
Otto Bremer Foundation
Our Savior's Lutheran Church
Walter & Barbara (Reishus) Pedersen
Lutheran Foundation
Marie Pederson*
Mike & Barb Polovitz*
Retrax
Reynolds Lutheran Church
Stephen Robinson
Effie Rue Estate
John & Edna Sandmeyer*
Josephine Sandvig Estate
Jim & Corinne Satrom
Sertoma Club of Grand Forks
Dennis Sorheim
Joseph Sowokinos
St. Matthew's Lutheran Church -
Thompson
St. Paul's Lutheran Church
Corene Stolee*
Thrifty White Pharmacy
Arthur & Wilma Tinkham*
Tufte Manor Manorettes
Arthur & Merle Tweet*
Mildred Ugland Mallinger Estate
Jesse Wedge Trust
Yorhom Medical Essentials

* deceased

EXPRESSING OUR GRATITUDE

We are grateful to the following individuals and businesses that contributed to the Valley Senior Living Foundation from July 1, 2022 to June 30, 2023. Listed below are those that contributed gifts of \$1000 or more.

\$10,000 - \$30,000

Les & Patty Howard
Myra Foundation
Bruce & Renee Vaaler
WIDSETH

\$5,000 - \$9,999

Donette Arndt
Lori & Steve Bott
ELCA - Lutheran Services
for the Elderly
Endowment
Gate City Bank
Peter & Melanie Hoistad
Paul Howard
ICS, Inc.
Patrick Maddock
North Risk Partners
Pedersen Lutheran
Foundation
Jean Peterson
Garth & Christine Rydland
Vaaler Insurance

\$2,500 - \$4,999

Alerus
Roger & Kim Amundson
Ron Bianchi
Century Electric, Inc.
City of Grand Forks
Chap. Charles "Bud" &
Claudia Johnson
Karriers, Inc.
Luneth Plumbing &
Heating Co.
Joe & Missy Miedema
Networking Specialists, Inc.
Retrax
Thrivent Choice

\$1,000 - \$2,499

Altru Health System
Alvis Amble Charitable Trust
Chaplain Gwenn Bazajou
Border States Electric
Supply
Bremer Bank
C & R Laundry & Cleaners

C. L. Linfoot Company
Calvary Lutheran Church
Colliers International
Concordance Healthcare
Solutions
Victor & Nina Cranley Trust
Sandra Crawford
David Dahlstrom
Dakota Supply Group
East Walle Lutheran Church
Edgewood Management
Group LLC
Terry & Donna Gardner
Kari Gerszewski
Hugo's
Innes Construction
Helen Jacoby & Peter
Cannavo
JB Electrical Design
Carol Johnson
Eugene Lautenschlager
Marco Business Products
Martin Mechanical Design,
Inc.

McKinnon Co., Inc.
Patrick & RoxAnne Moore
Northern Roots Boutique
Park Construction Co.
Margaret Reed
John & Patricia Rieth
Right Choice Electric Inc.
Jerry Ryan
Jim & Corinne Satrom
Scheels Sports
Kathy Smestad
Jill Swingen
Dwight & Ruth Thompson
Thrifty White Pharmacy
Tim Shea's Nursery
Trinity Lutheran Church
Dr. A. G. Tweet
United Lutheran Church
University Lutheran Church
VGM Group
Barb Vigen
Donnabelle Weston
Xcel Energy



Valley Senior Living on 42nd

Valley Senior Living on 42nd provides a full continuum of care for independent living (Country Estates), assisted living (Wheatland Terrace), skilled nursing, and memory care (Woodside Village) in a cozy residential neighborhood. The multiple levels of care and services at Valley Senior Living on 42nd offer a wonderful advantage for couples, siblings, and friends to be able to live in the same community.



Valley Senior Living on Cherry

Valley Senior Living on Cherry provides two communities in separate buildings joined by a connecting link. Nestled in a quiet neighborhood, an independent senior living community (Cherrywood Village) offers affordable apartments for seniors age 62 or older who qualify as low-income. Our basic care (Tufte Manor) offers 24 hour nursing and personal care assistance in a warm and inviting environment. Basic care is Medicaid certified and is designed for people who need support services.



Valley Senior Living on Columbia

Valley Senior Living on Columbia offers skilled nursing and transitional care with a physical connection to Altru Health System's main campus. The transitional care neighborhood provides post-acute skilled nursing care and rehabilitative services for individuals to successfully return home or to an alternative level of care. Residents at Valley Senior Living on Columbia in skilled nursing care enjoy cozy neighborhood settings and the many amenities this care community offers.

OUR CARING COMMUNITY

VALLEY SENIOR LIVING ON 42nd

INDEPENDENT SENIOR LIVING

Country Estates
4002 24th Avenue South
Grand Forks, ND 58201
701.787.7500

ASSISTED LIVING

Wheatland Terrace
4006 24th Avenue South
Grand Forks, ND 58201
701.787.7500

SKILLED NURSING AND MEMORY CARE

Woodside Village
4004 24th Avenue South
Grand Forks, ND 58201
701.787.7500

VALLEY SENIOR LIVING ON CHERRY

INDEPENDENT SENIOR LIVING

Cherrywood Village
3350 Cherry Street
Grand Forks, ND 58201
701.746.2545

BASIC CARE

Tufte Manor
3350 Cherry Street
Grand Forks, ND 58201
701.787.7600

VALLEY SENIOR LIVING ON COLUMBIA

CORPORATE OFFICE

SKILLED NURSING AND TRANSITIONAL CARE

2900 14th Avenue South
Grand Forks, ND 58201
701.787.7900

VALLEY SENIOR LIVING FOUNDATION

2900 14th Avenue South
Grand Forks, ND 58201
701.787.7997

