



March

Activities listed are subject to change.
You may also view our daily happenings on
Channel. 98. We are always looking for volunteers to
share their please contact Terri or Twyla
at 701.787.7615 or visit valleyseniorliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>We wish you a HAPPY BIRTHDAY March 8th Richard A. March 14th Connie R. March 19th David C. March 28th Kent P. March 28th Shirie N.</div> <div>Arm Chair Travel takes us to </div>						
						
<div>10:00 & 11:00 – Worship Ch. 98 3</div> <div>1:00 – Movie & Popcorn “Loves Long Journey” 2:00– Snack & Coffee 2:30 – Needle Work & Gather w/friends 6:00 – Resident led BINGO</div>	<div>9:30 – News, Life. Laughter & Devotions 4</div> <div>10:30 – Fun & Fitness 1:00 – BINGO 2:00 – Snack & Coffee 3:00 – Bible Study 4:00 Music w/Lyndsey</div>	<div>9:30 – News, Life. Laughter & Devotions 5</div> <div>& Devotions & Introduce Jamaica Puzzle 10:30 – Fun & Fitness 1:00 – 3:00 Nails 2:00 – Snack & Coffee 2:00 Making Coasters Craft</div>	<div>10:00 – Catholic Mass 6</div> <div>12:30 – Shopping at Walmart 2:00 – Snack & Coffee 2:30 – Gather for Cards, Art or Games w/ friends 3:00 Reading Club 6:30 – Gospel Gathering</div>	<div>9:30 – News, Life Laughter & Devotions 7</div> <div>10:30 – Fun & Fitness 1:00 – Let’s Head to Jamaica 2:00 – Snack & Coffee 3:00 – Worship 4:00 – Chimes</div>	<div>9:30 – News, Life, Laughter & Devotions 1</div> <div>10:30 – Mind Joggers 1:00 – Show and Tell 2:00 – Snack & Coffee 2:00 – Reading Club 2:30 – Gather for games of your choice</div>	<div>9:30 – Gather w/ friends in the activity room for morning social 2</div> <div>1:00 – Movie – Loves Enduring Promise</div>
<div>10:00 & 11:00 – Worship Ch. 98 3</div> <div>1:00 – Movie & Popcorn “Loves Long Journey” 2:00– Snack & Coffee 2:30 – Needle Work & Gather w/friends 6:00 – Resident led BINGO</div>	<div>9:30 – News, Life. Laughter & Devotions 4</div> <div>10:30 – Fun & Fitness 1:00 – BINGO 2:00 – Snack & Coffee 3:00 – Bible Study 4:00 Music w/Lyndsey</div>	<div>9:30 – News, Life. Laughter & Devotions 5</div> <div>& Devotions & Introduce Jamaica Puzzle 10:30 – Fun & Fitness 1:00 – 3:00 Nails 2:00 – Snack & Coffee 2:00 Making Coasters Craft</div>	<div>10:00 – Catholic Mass 6</div> <div>12:30 – Shopping at Walmart 2:00 – Snack & Coffee 2:30 – Gather for Cards, Art or Games w/ friends 3:00 Reading Club 6:30 – Gospel Gathering</div>	<div>9:30 – News, Life Laughter & Devotions 7</div> <div>10:30 – Fun & Fitness 1:00 – Let’s Head to Jamaica 2:00 – Snack & Coffee 3:00 – Worship 4:00 – Chimes</div>	<div>8:30 Leave for Craft & Bake Sale @ 42nd YOU MUST SIGN UP 8</div> <div>1:00 – Show & Tell 2:00 – Snack & Coffee 2:30 – Gather for activities of your choice</div>	<div>9:30 – Gather w/ friends in the activity room for morning social 9</div> <div>1:00 – Movie – 27 Dresses</div>
<div>10:00 & 11:00 – Worship Ch. 98 10</div> <div>1:00 – Movie & Popcorn “Walk the Line” 2:00– Snack & Coffee 2:30 – Needle Work & Gather w/friends 6:00 – Resident led BINGO</div>	<div>9:30 – News, Life. Laughter & Devotions 11</div> <div>10:30 – Fun & Fitness 1:00 – BINGO 2:00 – Snack & Coffee 3:00 – Bible Study 4:00 – Music w/ Lyndsey 6:00 – Bible Baptist</div>	<div>9:30 – News, Life. Laughter & Devotions 12</div> <div>10:30 – Fun & Fitness 1:00 – 3:00 Nails 2:00 – Snack & Coffee (Jamaican Style) 3:00 – Reading Club “From There to Here” Book</div>	<div>10:00 – Catholic Communion 13</div> <div>12:30 – Shopping at Dollar Tree YOU MUST SIGN UP 2:00 – Snack & Coffee 2:30 – Gather for Cards, Art or Games w/friends</div>	<div>9:30 – News, Life Laughter & Devotions 14</div> <div>10:30 – Fun & Fitness 1:00 – Get Up & Dance 2:00 – Snack & Coffee 2:00 – Food Committee Mtg. 3:00 – Worship 4:00 – Chimes</div>	<div>WEAR GREEN DAY 15</div> <div>9:30 – News, Life, Laughter & Devotions 10:30 Mind Joggers :00 – St. Patrick’s Day Photo Shoot 2:00 – Snack & Coffee 3:00 – Little Dakota Celtic Music Group</div>	<div>9:30 – Gather w/ friends for morning social 16</div> <div>1:00pm Movie Grown Ups</div>
<div>10:00 & 11:00 – Worship Ch. 98 17</div> <div>1:00 – Movie & Popcorn “Benji” 2:00– Snack & Coffee 2:30 – Needle Work & Gather w/friends 6:00 – Resident led BINGO</div>	<div>9:30 – News, Life. President’s Day Trivia 18</div> <div>10:30 – Fun & Fitness 1:00 – BINGO 2:00 – Snack & Coffee 3:00 – Bible Study 4:00 – Music w/Lyndsey</div>	<div>9:30 – News, Life. Laughter & Devotions 19</div> <div>10:30 – Fun & Fitness 1:00 – 2:00 – Nails 2:00 – Snack & Coffee 2:00 – Quality of Life Meeting 3:30 – Life Enrichment Cart A , B & C Wings</div>	<div>10:00 – Catholic Mass 20</div> <div>1:00 – TJ Maxx Store YOU MUST SIGN UP 2:00 – Snack & Coffee 2:30 – Gather for Cards, Art or Games w/ friends</div>	<div>9:30 – News, Life Laughter & Devotions 21</div> <div>10:30 – Jamaica Mind Jogger 1:00 – Karaoke 2:00 – Snack & Coffee 3:00 – Worship 4:00 – Chimes</div>	<div>9:30 – News, Life, Laughter & Devotions 22</div> <div>10:30 – Fun & Fitness 1:00 – Laughter Basket 2:00 – Snack & Coffee 3:00 – Reading Club 4:30 – Gather for activities of your choice</div>	<div>9:30 – Gather w/ friends for morning social 23</div> <div>1:00 – Movie – That Darn Cat</div>
<div>10:00 & 11:00 – Worship Ch. 98 24</div> <div>1:00 – Movie & Popcorn “Mrs. Doubtfire” 2:00– Snack & Coffee 2:30 – Needle Work & Gather w/friends 4:30– Grafton Mennonite Music Group 6:00 – Resident led BINGO</div>	<div>9:30 – News, Life. Laughter & Devotions 25</div> <div>10:30 – Fun & Fitness 1:00 – BINGO 2:00 – Snack & Coffee 3:00 – Bible Study 6:00– Bible Baptist 4:00 – Music w/ Lyndsey</div>	<div>9:30 – News, Life. Laughter & Devotions 26</div> <div>10:30 – Fun & Fitness 1:00 – 2:00 Nails 2:00 – Snack & Coffee 2:00 – Community Culture Club 3:30 Life Enrichment Cart D & N Wings</div>	<div>10:00 – Catholic Mass 27</div> <div>1:00 – BINGO 2:00 – Snack & Coffee 2:30 – Gather for Cards, Art or Games w/ friends</div>	<div>9:30 – News, Life Laughter & Devotions 28</div> <div>10:30 – Fun & Fitness 1:00 – March Birthday Bash Bingo 2:00 – Cake & Coffee 3:00 – Maundy Thursday Service 4:00 – Chimes</div>	<div>9:30 – News, Life, Laughter & Devotions 29</div> <div>10:30 – Mind Joggers 1:00 – Show and Tell 2:00 – Snack & Coffee 2:30 – Gather for activities of your choice 3:00 Good Friday Service</div>	<div>9:30 – Gather w/ friends for morning social 30</div> <div>1:00 – Movie – National Lampoon’s Vacation</div>
<div>Happy Easter! 31</div> <div>1:00 Movie/Popcorn Huck finn 6:00pm Resident led BINGO</div>						