

A CENTURY OF
OUR FAMILY

19
.....
20 **24**

CARING

FOR YOURS

Reflecting

Reflecting on the

PAST

Planning

Planning for the **FUTURE**



100
— YEARS —

EXECUTIVE COMMITTEE OF THE BOARD OF DIRECTORS



Margaret Reed	<i>Chairperson</i>
Dave Molmen	<i>Vice Chairperson</i>
Dwight Thompson	<i>Treasurer</i>
Carol Svendson	<i>Secretary</i>
Sarah Raymond	<i>Director</i>
Scott Berge	<i>Director</i>
Michael Brown	<i>Director</i>
Patrick Moore	<i>Director</i>
Garth Rydland	<i>President/Chief Executive Officer</i>

BOARD OF DIRECTORS



Marilyn Nyberg	<i>Ascension Lutheran Church, Emerado, ND</i>
Loretta Prather	<i>Augustana Lutheran Church, Grand Forks, ND</i>
Sue Moe	<i>Bethany Lutheran Church, East Grand Forks, MN</i>
Mary Benson	<i>Bethel Lutheran Brethren Church, Grand Forks, ND</i>
Wendy Waller	<i>Bygland Lutheran Church, Fisher, MN</i>
Pete Hoistad	<i>Calvary Lutheran Church, Grand Forks, ND</i>
Kristie Adam	<i>East Walle Lutheran Church, Thompson, ND</i>
Tara O'Hearn	<i>Evanger Lutheran Church, Thompson, ND</i>
Kim Cariveau	<i>Family of God Church, East Grand Forks, MN</i>
Ken Miller	<i>Fisher Lutheran Church, Fisher, MN</i>
Lloyd Haugen	<i>Middle Grove Lutheran Church, Grand Forks, ND</i>
Sharon Bakke	<i>Ness Lutheran Church, Mekinock, ND</i>
Robin Thompson	<i>Our Saviors Lutheran Church, East Grand Forks, MN</i>
Jim Lancaster	<i>Redeemer Lutheran Church, Grand Forks, ND</i>
Lori Saure	<i>Reynolds (St. Olaf/Zion), Reynolds, ND</i>
Linda Simmons	<i>St. Mark's Lutheran Church, Grand Forks, ND</i>
Sharon Gustafson	<i>St. Matthew's Lutheran Church, Thompson, ND</i>
Marilyn Nyberg	<i>St. Paul's Lutheran Church, Honeyford, ND</i>
Dave Molmen	<i>Sharon Lutheran Church, Grand Forks, ND</i>
Marilyn Lee	<i>Trinity Free Lutheran Church, Grand Forks, ND</i>
Paulette Novak	<i>Trinity Lutheran Church, Manvel, ND</i>
Marcia Wehe	<i>United Lutheran Church, Grand Forks, ND</i>
Betty Bloomquist	<i>University Lutheran Church, Grand Forks, ND</i>
Susan Hahn	<i>Walle Lutheran Church, Thompson, ND</i>
Carol Batko	<i>Zion Lutheran Church, Oslo, MN</i>
Sarah Raymond	<i>Member Congregation Clergy</i>
Garth Rydland	<i>President/Chief Executive Officer</i>
Margaret Reed	<i>Appointed</i>
Michael Brown	<i>Appointed</i>
Patrick Moore	<i>Appointed</i>
Scott Berge	<i>Appointed</i>
Dwight Thompson	<i>Appointed</i>

EXECUTIVE LEADERSHIP TEAM



Garth Rydland

President/Chief Executive Officer

Adam Edwards

Chief Human Resources Officer

Angie Goulet

Administrator, Tufte Manor

Jenny Schultz

Director of Nursing, Woodside Village

Megan Anderson

Administrative Project Coordinator

Lori Bott

Chief Financial Officer

Gina Roller

Administrator, Valley Senior Living on 42nd

Jess Baumgarten

Director of Nursing, Valley Senior Living on Columbia

Cheryl Ekren

Housing Manager, Wheatland Terrace and Country Estates

OUR CORPORATE CHURCHES



Augustana Lutheran Church – Grand Forks, ND
 Bethany Lutheran Church – East Grand Forks, MN
 Bethel Lutheran Church – Grand Forks, ND
 Bygland Lutheran Church – Fisher, MN
 Calvary Lutheran Church – Grand Forks, ND
 East Walle Lutheran Church – Thompson, ND
 Evanger Lutheran Church – Thompson, ND
 Family Of God Church – East Grand Forks, MN
 Fisher Lutheran Church – Fisher, MN
 Middle Grove Lutheran Church – Grand Forks, ND
 Ness Lutheran Church – Mekinock, ND
 Our Savior's Lutheran Church – East Grand Forks, MN

Redeemer Lutheran Church – Grand Forks, ND
 Reynolds Lutheran Church – Reynolds, ND
 St. Mark's Lutheran Church – Grand Forks, ND
 St. Matthew's Lutheran Church – Thompson, ND
 St. Paul's Lutheran Church – Honeyford, ND
 Sharon Lutheran Church – Grand Forks, ND
 Trinity Free Lutheran Church – Grand Forks, ND
 Trinity Lutheran Church – Marvel, ND
 United Lutheran Church – Grand Forks, ND
 University Lutheran Church – Grand Forks, ND
 Walle Lutheran Church – Thompson, ND
 Zion Lutheran Church – Oslo, MN

Thank you, Ascension Lutheran Church, for your dedicated service on the Valley Senior Living Governing Board. Your commitment has been a true blessing and we are deeply grateful.

We also acknowledge your recent Holy Closure Service on September 8, 2024, and honor the years of partnership and service.

2023 LONGEVITY AWARDS



35 YEARS

Darci Bohn
 Shannon Holte
 Lorrie Lansing

30 YEARS

Sheila Nygaard
 JuDee Schmidt

25 YEARS

Joan Houde
 Deb Nelson

20 YEARS

Michael Hetland
 Jennifer Johnson
 Amy Olson

15 YEARS

Jacklyn Brumwell
 Leah Larson
 Carole Torgerson
 Mary Vancamp

10 YEARS

Karen Basting
 Brittany German
 Lu Gibbs
 Lisa Keegan
 Casey Krom
 Christa Lembke
 Ann Schuler
 Kaylie Streitz
 Jacinda Woods

5 YEARS

Beth Baril
 Sandy Brown
 Linda Christy
 Karen Cummings
 Deb Fairchild
 Andrea Hahn
 Rachael Herberg
 Samiya Hussein
 Marissa Kazmierczak
 Dustin Lorenzen

Sarah Matson
 Phyllis Moen
 Nadine Munging
 Rhonda Perkerewicz
 Summer Rainoshek
 Jeff Ramsey
 Sally Rude
 Taylor Schuman
 Lee Wilkie
 Haley Wolfe

BOARD CHAIR REPORT

A Century of Our Family Caring for Yours



2024. Another year is into the books for our organization which has proudly and respectfully served this community for 100 years.

I have always felt close to and as though I have a connection to Valley. My first paid job was that of a nurse aide 55 years ago on 1C at Valley Memorial Home at 1023 Almonte Avenue. This job was only for one summer, but it was a wonderful experience. In 1977, my family made our home at a location less than two blocks from Valley Memorial Home. I remember the neighbors telling us if there was ever a fire, we should show up to help the residents.

As the years went by, Valley Memorial Home on Almonte Avenue was a large part of what made our neighborhood what it was. As our children grew, they would check in and stop by the home to see the crafts, the quilts, and other things that residents had made. My daughter Shannon, at seven years old, found the quilt of her dreams. Now, 30 years later, she still has that quilt and it brings her great memories of Valley.

The flood of 1997 took so many of us away from our beloved Almonte neighborhood. Valley's perseverance shone brightly during this time and Valley Senior Living on 42nd was built. Now we look forward to the next 100 years with a focus on preparing the organization to continue to be able to serve the community while remaining true to our Christian roots.

Happy Birthday Valley Senior Living. Continue to grow and prosper.

Margaret Reed
Chairperson

PRESIDENT/CEO REPORT



Happy 100th Birthday to Valley Senior Living! On October 15, 1924, we opened our first nursing home. The Grand Forks Home of the Aged was created for the purpose of building and operating a Lutheran Christian home for aged people.

As we look back on life in our community 100 years ago, local churches and their pastors were the central critical social infrastructure serving the needs of those who could not care for themselves. The level of church involvement has decreased over the years with the addition of governmental social programs, but we are proud that Valley continues to be governed by 24 local churches to help us continue with our mission of providing compassionate Christian care. It is incredibly unique to be an organization that has operated exclusively in Grand Forks for the last 100 years as a Lutheran church-governed non-profit corporation!

Our 100th year represents the most “normal” year we have had since 2020. We have been able to recruit a talented, qualified workforce consistently for the last two years, but we continue to have issues with staff retention. While we compare favorably to our peers in overall nursing staff retention and much above average in nurse retention, our staff turnover levels continue to be higher than our pre-pandemic levels.

As a staff, we are proud of the quality care we provide. All four of our care communities received quality awards this year from the American Health Care Association. Valley Senior Living on Columbia, Woodside Village, and Tufte Manor are three of the seven statewide Silver award winners, and Wheatland Terrace received the Bronze award which is held by only five other assisted livings throughout the state. Both of our nursing homes were CMS overall five-star facilities throughout the fiscal year.

Federal minimum staffing standards for nursing facilities were issued by CMS last year. These standards represent insurmountable challenges for many facilities across the country, but they will only have minimal impact to us at Valley Senior Living. The North Dakota Legislature is the reason that most of us already meet the overall staffing requirements, but the 24/7 RN requirement will be extremely hard to meet in small rural facilities.

Thank you to the Executive Committee and the entire leadership team for your dedication to the residents of Valley Senior Living. We have been working together to update our strategic plan this year. One of the largest challenges is to address aging facilities such as Valley on Columbia and Tufte Manor. That planning put us in a position to recently acquire six acres of land next to Sertoma Park just west of Altru Hospital. We are negotiating with Altru to secure an additional 15.5 acres to be the future location of Valley Senior Living. What a unique opportunity to secure a large piece of undeveloped land in a residential setting with proximity to a brand new hospital!

As we celebrate our 100th birthday this fall, I am excited for the years to come!

Garth Rydland
President/CEO

FINANCIAL OVERVIEW



Lori Bott
Chief Financial Officer

2023-2024 FISCAL YEAR HIGHLIGHTS

The organization remains financially stable with net assets of \$29.9 million and \$14.9 million in operating cash and CDs, \$2.5 million in funded depreciation and designated reserves, and funds held by bond trustee of \$5.6 million as of June 30, 2024. Operating cash and funded depreciation equate to approximately 117 days cash on hand and 154 days when restricted bond reserves are included. For the fiscal year ending June 30, 2024, the organization experienced an increase in net assets of \$4.3 million which equates to a 7.1% margin for the year. This margin includes accrued revenue of \$1.2 million for the Employee Retention Credit (ERC) explained below and \$658,128 in ND Nursing Facility Incentive Program Payments (NFIP). The margin excluding ERC is 5.2%.

CENSUS AND OCCUPANCY

Consolidated occupancy for the year was 96% compared to 95% consolidated occupancy the prior year. See the following chart for each community's occupancy rates.

STAFFING

Total salary and benefit expenses increased 6% compared to 9% the prior year. We are experiencing fewer open positions with shifts being more consistently filled. Overtime and incentive pay to fill shifts remains notably low for the second year in a row. It remains a high priority of Valley Senior Living to continue to recruit and retain quality staff.

ND NURSING FACILITY INCENTIVE PAYMENTS

North Dakota Health and Human Services established a quality incentive payment program from nursing homes and issued the program's first payments in June of 2024. Facilities are awarded points for performance in various categories. Woodside Village was a Tier 1 facility and received \$382,647 and Valley Senior Living on Columbia qualified for Tier 2 for \$275,481. We anticipate both nursing homes receiving NFIP payments again next June.

EMPLOYEE RETENTION CREDIT

Last year the organization filed for \$11.4 million in ERC credits. The IRS has been paying interest in ERC paid claims and this fiscal year another \$1.2 million of interest was recorded. These funds have not yet been received. The anticipated \$12.6 million in ERC is reflected as a receivable on the Balance Sheet.

OUTLOOK FOR 2024-2025

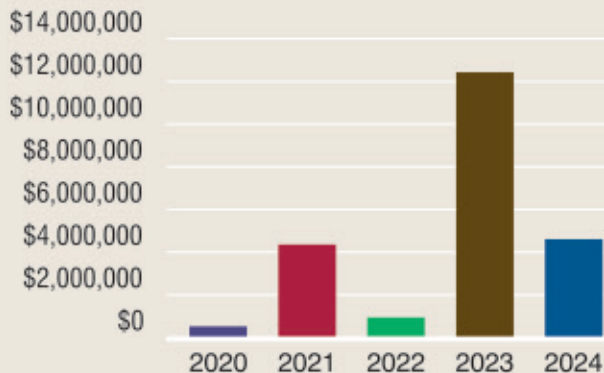
The 2024-2025 budget is projecting a profit margin of 2.7% and a relatively stable cash position. The budget assumes consolidated occupancy at 96%, a 4.2% increase in revenues, and a 7.1% increase in expenses.

In July 2024, Valley Homes and Services purchased 6 acres of land for \$1.84 million for future development.

*A copy of audited financial statements is available upon request by contacting
Lori Bott at 701-787-7912 or lbott@valleyseniorliving.org.*

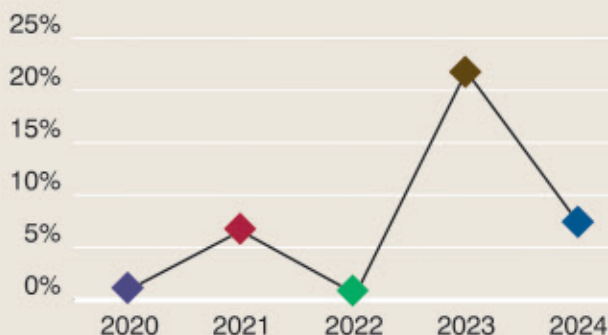
FINANCIAL PERFORMANCE - RATIOS AND STATISTICS

**VALLEY SENIOR LIVING
INCREASE IN NET ASSETS**



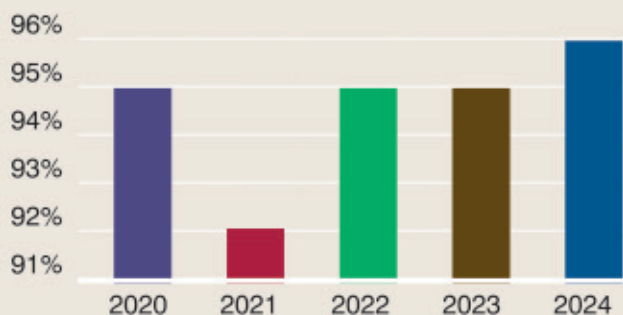
Increase (Decrease) Net Assets							
	2020	2021	2022	2023	2023 (excluding ERC)	2024	2024 (excluding ERC)
Valley Homes & Services	\$ (210,523)	\$ 2,740,938	\$ 1,056,469	\$ 7,453,226	\$ 716,235	\$ 2,006,548	\$ 1,322,749
4000 Valley Square	\$ 465,224	\$ 1,312,499	\$ (196,844)	\$ 4,780,166	\$ 67,966	\$ 2,329,044	\$ 1,852,474
Valley Senior Living	\$ 254,701	\$ 4,063,437	\$ 859,625	\$ 12,222,392	\$ 784,201	\$ 4,335,592	\$ 3,175,223

VALLEY SENIOR LIVING OPERATING MARGIN



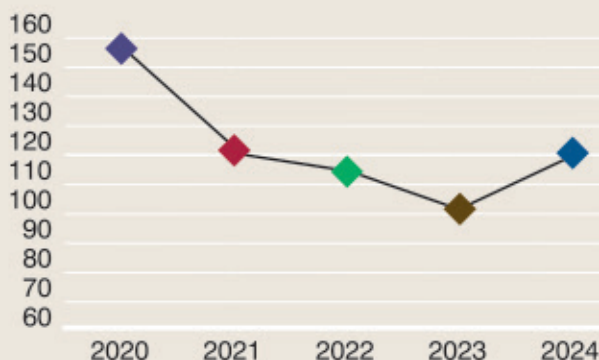
Operating Margin							
	2020	2021	2022	2023	2023 (excluding ERC)	2024	2024 (excluding ERC)
Valley Homes & Services	-0.8%	8.1%	3.1%	22.4%	2.2%	5.7%	3.7%
4000 Valley Square	2.4%	5.9%	-0.9%	20.02%	0.3%	9.1%	7.2%
Valley Senior Living	0.5%	7.6%	1.6%	21.5%	1.4%	7.1%	5.2%

VALLEY SENIOR LIVING OCCUPANCY



Occupancy					
	2020	2021	2022	2023	2024
Valley Senior Living	95%	92%	95%	95%	96%
Valley on Columbia	92%	86%	94%	94%	95%
Tufts Manor	85%	95%	96%	93%	93%
Woodside Village	97%	95%	96%	98%	98%
Wheatland Terrace	97%	82%	92%	90%	95%
Country Estates	98%	93%	97%	96%	97%

VALLEY SENIOR LIVING DAYS CASH ON HAND



Days Cash on Hand					
	2020	2021	2022	2023	2024
Valley Homes & Services	97	79	88	82	88
4000 Valley Square	238	181	146	125	156
Valley Senior Living	158	122	113	101	117

A CENTURY OF CARE AND COMPASSION

Celebrating 100 Years of Valley Senior Living



As we proudly celebrate Valley Senior Living's 100th anniversary, we find ourselves reflecting on the incredible journey that has brought us to this remarkable milestone. I want to acknowledge the generosity and dedication of the countless individuals, families, and organizations that have supported our Foundation over the years. Your contributions have allowed us to remain steadfast in our mission of providing compassionate, life-enriching care for residents, family member, and staff at Valley Senior Living.

LOOKING BACK: HONORING OUR PAST

Since our founding in 1924, Valley Senior Living has been a beacon of care, comfort, and support. Throughout the decades, we have adapted to meet the changing needs of our residents, yet our commitment to dignity, respect, and quality of life has remained constant. Your generous donations have empowered us to enhance services and enrich many lives.

This anniversary is not just a celebration of longevity, but a tribute to the countless acts of kindness and giving that have made this journey possible. We extend our deepest gratitude to those of you who have given your time, resources, and hearts to this organization. Your faith in our mission has allowed us to thrive.

LOOKING AHEAD: CONTINUING THE LEGACY

While we celebrate our rich history, we also look to the future with excitement and optimism. Our goal is to build upon our foundation and continue enriching the lives of residents for the next 100 years. However, we cannot do this alone.

In 2024 and beyond, we will focus on advancing our four pillars: Chaplaincy Ministry, Music Therapy, Intergenerational Programming, and Community Connections. These programs, central to our mission, require ongoing investment to remain sustainable and impactful.

THANK YOU FOR YOUR PARTNERSHIP

The generosity of past donors has helped us come this far, but our work is far from over. By giving now, pledging in the short term, or considering planned gifts to further endow these programs, you are not just contributing to the present - you are investing in the future of care for generations to come.

With deepest gratitude,

A handwritten signature in black ink that reads "Shaun L. Havis". The signature is written in a cursive, flowing style.

Shaun L. Havis
Director of Development
Valley Senior Living Foundation

LIFETIME GIVING



The Valley Senior Living Foundation warmly recognizes the following individuals for their lifetime contribution of \$10,000 or more. Their generous support is instrumental in furthering Valley's mission and reinforcing the Foundation's pillars to enhance the quality of life for residents.. These contributions are acknowledged for the fiscal year ending June 30, 2024.

DIAMOND

(\$500,000 - \$999,999)

Herman & Matti Jorgenson
Estate
US Bank

FOUNDERS

(\$250,000 - \$499,999)

Myra Foundation
Sally J. Page Estate
Clarence & Stella Sande*
Adolph & Georgia
Tobiason*

CENTURY

(\$100,000 - \$249,999)

Joanne & Alton Baglien*
Bethesda Society
Vonnie Davis*
Henry M. & Lila M. Havig
Trust
Eugene Lautenschlager
Estate
North Dakota Community
Foundation
Mabel Sando Estate
Madeline G. Schlosser
Estate
Vaaler Insurance
WIDSETH

BETHESDA

(\$50,000 - \$99,999)

Alerus
Altru Health System
Irene Bostrom Estate
Calvary Lutheran Church
Bernice Goodman
Les & Patty Howard
Hugo's
Geraldine Jenson Estate
Garth & Christine Rydland

Wayne & Carol* Stark
Nellie J. Svee Fund
Thrivent Financial
Trinity Lutheran Church –
Manvel

United Lutheran Church
Bruce & Renee Vaaler
Valley Senior Living Club
Paul & Claudia Zimmer

CORNERSTONE

(\$25,000 - \$49,999)

Donette Arndt
Richard Beringer Trust
Bethel Lutheran Church
Donald* & Joy Bostrom
Steve & Lori Bott
Brady, Martz, & Associates,
PC
Bremer Bank
C&R Cleaners & Laundry
Camrud, Maddock, Olson &
Larson, Ltd.
Effie Canute*
Victor & Nina Cranley Trust
Fisher Lutheran Church
Josephine Flatrud Estate
Frandsen Bank & Trust
Milton & Luella Homstad*
Paul Howard
ICS, Inc.
Gordon & Trudy Iseminger
Lunseth Plumbing &
Heating
Olga Neal Estate
North Risk Partners
Walter & Barbara (Reishus)
Pedersen Lutheran
Foundation
Jean Peterson
Frederick Rehwaldt*
Archie & Alpha Scott*
Sharon Lutheran Church

Dr. & Mrs. A.G. Tweet*
University Lutheran Church
Ross Watland Estate
Xcel Energy

HERITAGE

(\$10,000 - \$24,999)

Alvis Amble Charitable Trust
American Federal Bank
Augustana Lutheran Church
Bethany Lutheran Church
Ben Bjertness*
Mark & Sue Bjornstad
June Blakely*
Border States Electric
Supply
Bygland Lutheran Church
C.L. Linfoot Co.
Century Electric, Inc.
CFS Interiors & Flooring
Concordance Healthcare
Solutions
Jack* & Yvonne Cronquist
Pearl Dostal Estate
Edgewood Management
Group, Inc.
Ernest & Norma Egeland
Estate
Vivian Erickson
Wilma A. Galegher*
Gate City Bank
James & LuAnne Gjerset
Grand Forks Herald
Evelyn Grove*
Greg V. Hanson*
Pete & Melanie Hoistad
Ben & Barb Holien
Home of Economy
William Hulteng
JB Electrical Design
Charles "Bud" & Claudia
Johnson
JR Simplot Co.

John* & Doris Lambie
Marco Business Products
Martin Mechanical Design,
Inc.

Norval & Marge Meagher
Estate
Walter Mellem*
Joe & Missy Miedema
Patrick & RoxAnne Moore
Myrtle Moss Estate
Robert & Doris Myron*
Networking Specialists, Inc.
James* & Donna Olson
Otto Bremer Foundation
Our Savior's Lutheran
Church
Marie Pederson*
Mike & Barb Polovitz*
Retrax
Reynolds Lutheran Church
Stephen Robinson
Effie Rue Estate
Jerry Ryan
John & Edna Sandmeyer*
Josephine Sandvig Estate
Jim & Corinne Satrom
Sertoma Club of Grand
Forks
Dennis Sorheim
Joseph Sowokinos
St. Matthew's Lutheran
Church - Thompson
St. Paul's Lutheran Church
Corene Stolee*
Thrifty White Pharmacy
Arthur & Wilma Tinkham*
Tuft Manor Manorettes
Arthur & Merle Tweet*
Mildred Ugland Mallinger
Estate
Jesse Wedge Trust
Yorhom Medical Essentials

* Deceased

YEAR OF GIVING



Each year, we are thankful for the generous support of individuals and businesses who contribute to the Valley Senior Living Foundation. Below, we acknowledge those who made gifts of \$1,000 or more from July 1, 2023, to June 30, 2024.

\$50,000 - \$99,999

Eugene Lautenschlager
Estate

\$25,000 - \$49,999

Myra Foundation
Bruce & Renee Vaaler

\$10,000 - \$24,999

Nellie J. Svee Grant - ELCA
Foundation
Les & Patty Howard
Gordon & Trudy Iseminger
Pedersen Lutheran
Foundation

\$5,000 - \$9,999

Brooky Anderson
Donette Arndt
Lori & Steve Bott
Tim & Sandra Dittus
Peter & Melanie Hoistad
Paul Howard
North Risk Partners
Jean Peterson
Elaine Ramstad
Garth & Christine Rydland
Vaaler Insurance
WIDSETH

\$2,500 - \$4,999

Alerus
Alvis Amble Charitable Trust
Roger & Kim Amundson
City of Grand Forks
ICS, Inc.
Chap. Charles & Claudia
Johnson
Networking Specialists, Inc.
Donna Olson
Retrax
Scheels Sports
Mr. and Mrs. Joseph
Sowokinos
Trinity Lutheran Church

\$1,000 - \$2,499

Altru Health System
Jessica Baumgarten
Gwenn Bazajou

Blue Cross Blue Shield ND
Border States Electric
Supply
Brady Martz & Associates,
Pc.
Bremer Bank
C & R Laundry & Cleaners
C. L. Linfoot Company
Calvary Lutheran Church
Century Electric, Inc.
Cole Papers Inc.
Colliers International
Concordance Healthcare
Solutions
Victor & Nina Cranley Trust
Cynthia Driscoll
East Walle Lutheran Church
Edgewood Management
Group LLC
Essity HMS-TENA
Frandsen Bank & Trust
Terry & Donna Gardner
Kari Gerszewski
Angie & Troy Goulet

Happy Harry's Bottle Shops
Shaun & Kristen Havis
Hugo's
JB Electrical Design
Gertrude Jacoby
Helen Jacoby & Peter
Cannavo
Johnson-Dorsher Family
Charitable Foundation
Carol Johnson
Don Kramer
Lunseth Plumbing &
Heating Co.
Patrick Maddock
Marco Business Products
Martin Mechanical Design,
Inc.
Joe & Missy Miedema
Dr. Patrick & RoxAnne
Moore
Monica and Mark Musich
Duane Nelson
Wendy Nelson
Bruce & Tami Newhouse

Elaine Niemeyer
North Valley Crematory
Northern Roots Boutique
Park Construction Co.
Right Choice Electric, Inc.
Gina Roller
Jerry Ryan
Jim & Corinne Satrom
Kathy Smestad
Jodi Straus
Andy Swanson
James & Randy Swingen
Jill Swingen
Dwight & Ruth Thompson
Thrifty White Pharmacy
Thrivent Choice
United Lutheran Church
University Lutheran Church
Barb Vigen
Joyce Wallace
Donnabelle Weston
Woodside Industries



You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God. This service that you perform is not only supplying the needs of the Lord's people but is also overflowing in many expressions of thanks to God.

2 CORINTHIANS 9:11 - 12

2024 HIGHLIGHTS



Joe Bailey, Assistant Director of Life Enrichment, and **Christopher Plante**, LPN, were named Caregivers of the Year by the North Dakota Long Term Care Association.



Grand Forks Public Library was named Group Volunteer of the Year by the North Dakota Long Term Care Association.



Dr. Christopher Henderson earned his Certified Medical Director credential.

Valley Senior Living employees gave back
\$71,500
 through Partners in Caring



Valley Senior Living was named one of the 50 Best Places to Work by Prairie Business Magazine.



Valley Senior Living trained 58 **Eden Associates**.



Country Estates refreshed common spaces with carpet, paint/wallpaper, and lighting.



Resident rooms and common spaces were remodeled within the **Valley Transitions** neighborhood.

Valley Senior Living trained **154** new **Certified Nurse Assistants**



Valley Senior Living purchased over 6 acres of land in Grand Forks for future use. This is the first land purchase since 1997.

Wheatland Terrace earned the 2024 Bronze – Commitment to Quality Award from the National Center for Assisted Living and the American Health Care Association



Valley Senior Living on **Columbia, Woodside Village, and Tuft Manor** earned the 2024 Silver – Achievement in Quality Award from the National Center for Assisted Living and the American Health Care Association

A CENTURY OF OUR FAMILY CARING FOR YOURS

For a century, Valley Senior Living has been dedicated to offering compassionate care to residents in Grand Forks. With support from local Lutheran churches and the generosity of the community, Valley Senior Living has delivered quality care to thousands of individuals.



Norwegian Synod Church

1914

The Bethesda Society formed as a ladies' aide with five branches to fund-raise to support the dream of a Home for the Aged in Grand Forks.

*1914
after organizing into
Branches, the Bethesda
often held their meetings
in the Norwegian
Synod Church; or the
homes of its members.
after the first unit
built in 1924, the meetings
were held in the Old
People's Home Chapel.*

1917

During a pastoral conference at the Mekinock parsonage led by Rev. O. T. Ness of Ness Lutheran Church, the pastors promised the Bethesda women support in building an Old People's Home in Grand Forks. Later that year the Home for the Aged constitution was formed and incorporated.



Pastoral conference at Ness Church



Rev. A. A. Thompson



Rev. A. G. Nulberg



Rev. O. T. Ness



Rev. J. A. Larson



Rev. H. A. Johnson

*The pastors at Conference promised the
Bethesda women support in building
an Old People's Home in Grand
Forks, North Dakota.*

1924



October 15: The Grand Forks Home of the Aged opened at 1023 Almonte Avenue to care for 40 residents. This property on Almonte Avenue was purchased for \$3,000 in 1919 and the building cost an additional \$30,000 to construct.



1927

A second unit was added at the original location at 1023 Almonte Avenue to increase the size by 32 rooms and cost an additional \$35,000 to build.

51 Are Residing At Grand Forks Home for Aged

Fifty-four persons were registered at the Grand Forks Home for the Aged in February, and 51 were residents at the end of the month, according to Rev. O. T. Ness, manager. Five of the residents were of descent other than Scandinavian.

Among activities in February were services February 4 and 18 conducted by the Lutheran Bible school students; meetings February 11, in charge of the Goose River Inner Mission society; meetings of Bethesda No. 3 with Mrs. Ole Larson and Mrs. O. Ostad as hostesses and of Bethesda No. 1 with Mrs. O. T. Ness. Rev. Ludvig Pederson conducted services February 19.

Donations in February included a memorial fund from Buxton friends and proceeds from the Bethesda societies, amounting to \$38.

Mrs. Ole Torbinson entered the home February 2. . . . Tom Bonde, 304 North Fifth street, stayed at the home for 10 days while convalescing from an illness. . . . Mrs. C. Paulson is visiting at Northwood. . . . Mrs. Leonard Ulrich of Big Stone City, S. D., visited her mother, Mrs. Caroline Bottolfson, and Mr. and Mrs. Edwin Bottolfson were here from Garske, N. D. . . . Mr. and Mrs. Orlando Lebacken and Mr. and Mrs. Olaf Lebacken of Reynolds called on their aunt, Mrs. Marie Lebacken.

1934

51 residents were living at the Grand Forks Home for the Aged.

1959

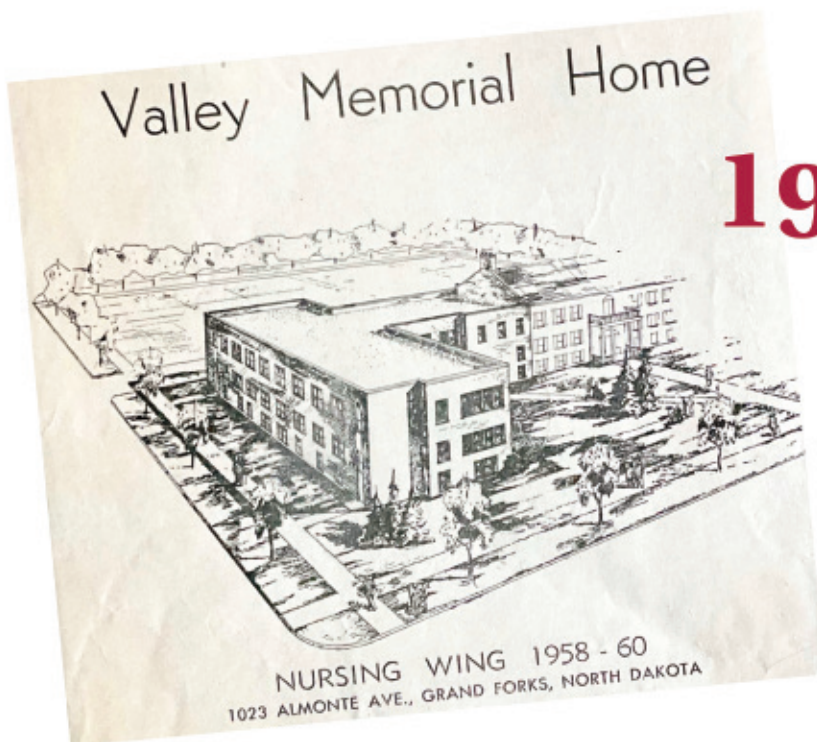
The Old People's Home name changed to Valley Memorial Home.

1960

A third expansion of the original location added the "Nursing Wing" and capacity to care for 58 more residents.

1962

A fourth expansion of the original location added the "Second Nursing Wing".



Magnify the Lord with me and Let us Exalt His name together!

PSALM 34:3



1966

Ground was broken on the Tweet Annex at the original Almonte location on June 29, 1966.

GROUND WAS BROKEN Thursday for the new Tweet Annex to be built at Valley Memorial Home, 1023 Almonte Ave. From the left in the ceremony are Rev. Osmund Stensland, Valley Home-chaplain; Gullik Fryrik, president of the Homers Club at the Home, and Dr. Arthur Tweet, president of the Home, for whom the annex is named. (Herald Photo).



1981

Valley Eldercare Center opened on Altru's main campus at 2900 14th Avenue South.

1970

Tufte Manor was built, originally serving the community as an independent living center with room for 90 residents.



1985

The Valley Memorial Foundation was formed to provide extras for residents in addition to supporting programs and facilities.

1997



The historic Flood of 1997 destroyed the original location at 1023 Almonte Avenue.

*"And though your beginning was small,
your latter days will be very great."*

JOB 8:7



1998

4000 Valley Square was built creating the first retirement community in Grand Forks. The care community offers independent living at Country Estates, assisted living at Wheatland Terrace, and skilled nursing care and memory care at Woodside Village.



2010

Valley Eldercare expanded to add post-acute care options for up to 36 residents at Valley Transitions.



2014

Cherrywood Village opened with a physical link to Tufto Manor. Cherrywood Village is a 62+ independent living community managed by Grand Forks Housing Authority.

2024



Valley Senior Living purchase 6 acres near Sertoma Park as we plan for the next century.

2019

Valley Memorial Homes name changed to Valley Senior Living to include locations at Valley Senior Living on Columbia, Valley Senior Living on 42nd, and Valley Senior Living on Cherry.

The Bethesda Society concluded their active service to Valley Senior Living in the fall of 2019 after 105 years of supporting the organization in numerous ways.



PLANNING FOR THE FUTURE

Throughout the past several months, Valley Senior Living has been meeting and discussing a strategic plan with focus groups from each of the care communities. It became clear during these discussions that we need to start planning for a new building in the future. While in conversation about future developments, a piece of land became available to purchase, and Valley Senior Living made its first land purchase since 1997! We do not have plans of building on the property anytime soon, but we are excited to share with you this big piece of Valley news!

A TIME FOR REFLECTIONS



As we look back on the impactful leadership of our past board chairs and dedicated employee leadership we are reminded of the unwavering commitment to our mission and the profound influence they have had on our organization. Numerous examples of unique strengths and perspectives are present in our history and have guided our organization through the past 100 years.



BARB BARTA

Former Director of Human Resources at Valley Senior Living, employee for 42 years

What were milestone or monumental moments during your time leading the human resources department?

"I joined Valley at the age of 21 at the Almonte location, where I had the opportunity to eventually manage the Human Resources department. One of my proudest achievements was expanding the team and enhancing our functions. A significant challenge we all faced together was during the Flood of '97. Not only did I have to manage payroll and employee needs during this crisis, but I also provided support in retrieving personal belongings and prescriptions for residents. This experience shaped our resilience and camaraderie."



KORY SONDRREAL

Chairman of the Board of Directors in the 1980's

What did it mean for you to serve as the Valley Memorial Home board chair?

I was extremely honored to serve as the Board Chair for Valley Memorial Homes during my time on the board. I was struck by the spirit of cooperation among the employees & management who were totally focused on serving the residents to the best of their abilities. That experience only strengthened my belief that Valley Memorial Homes was in good hands and would continue being the legacy provider for those in need of care in the upper Red River Valley.



BEV OLSON

Former Executive Assistant

What are your hopes for Valley Senior Living's future?

"Valley Senior Living is an organization I was privileged to work with for 43 years serving under all of the administrators to date. Many changes occurred over the decades that always looked to the betterment of the services provided to residents and staff. Dedicated board of directors, medical staff and leadership continually developed additional levels of care to meet the needs of our community. As a historically successful leader in Grand Forks and the surrounding area, Valley will continue to meet these challenges in the future."



OLIVE WEBER

Last President of the Bethesda Society

How do you feel Valley Senior Living and Valley Memorial Homes benefitted from the involvement of the Bethesda Society?

"In 1914, the pioneer women in the Lutheran Churches in the area formed the Bethesda Society and began raising funds for a home for the aged. Through the next 105 years until 2019, they raised thousands of dollars for numerous projects for Valley Memorial Home including an endowment which currently benefits the Chaplaincy program."



BRUCE NEWHOUSE

Chairman of the Board of Directors beginning in 2013

What did it mean to you to serve as the Valley Senior Living board chair?

"When our long serving CEO Greg Hanson passed away in 2013, we were fortunate to have very capable hands to fill his shoes on our staff, Garth Rydland. He and his team have led Valley Senior Living through major remodeling and expansion projects. Garth and his team truly exemplify caring and compassionate care. To serve with them was a privilege and I knew that when concerns were raised, they would be addressed. My personal growth through

involvement is something I will treasure always and being able to work with so many caring individuals was an honor. Valley Senior Living serving the people of the Red River Valley for 100 years is a testament to the people who pioneered this area. I believe the 26 founding member congregations would be very proud to see the growth and value that Valley Senior Living provides to the Greater Grand Forks community and that the organization has remained based in faith would please them greatly!"



DR. JIM BROSSAU

Former Medical Director for Valley Memorial Homes

What do you envision for Valley Senior Living's future?

"Valley Senior Living has always been at the forefront of continuous quality improvement. Technological advances such as AI might allow even greater engagement with residents and better monitoring and safety measures as well as better messaging and educational opportunities for residents and their families."



NANCY ANDREWS

Former Administrator at Tufto Manor and Director of Housing and Assisted Living

What are your most cherished memories of your career at Valley Senior Living?

"I never considered it a job when I worked at Valley but rather a calling. I am very grateful that I was able to serve so many families. I still miss all the residents."



DON FISK

Chairman of the Board of Directors in 2000's

What do you feel are Valley Senior Living's greatest contributions to the Grand Forks community?

"I believe Valley Senior Living is a financially sound organization allowing it to provide superior care to the aging community. The addition of transitional care located close to the hospital turned out to be a big benefit, allowing patients additional care after hospitalization without leaving Grand Forks."

"The Lord is my strength and my shield; my heart trusts in him, and he helps me."

PSALM 28:7

OUR COMMUNITIES



VALLEY SENIOR LIVING ON 42ND

Valley Senior Living on 42nd offers a warm and welcoming community with a full range of care options, including independent living at Country Estates, assisted living at Wheatland Terrace, skilled nursing, and memory care at Woodside Village. Located in a charming residential neighborhood, this versatile community is perfect for couples, siblings, and friends who wish to remain close while receiving the care they need. Valley Senior Living on 42nd was established and opened in 1998.

VALLEY SENIOR LIVING ON CHERRY

Valley Senior Living on Cherry features two connected buildings nestled in a peaceful neighborhood. Cherrywood Village, managed by the Grand Forks Housing Authority, provides affordable independent living apartments for seniors aged 62 and older who qualify as low-income. Tufte Manor, our basic care community, offers 24-hour nursing and personal assistance in a cozy, supportive setting. Certified by Medicaid, Tufte Manor is designed for individuals who need additional support services.



VALLEY SENIOR LIVING ON COLUMBIA

Valley Senior Living on Columbia provides skilled nursing and transitional care, with a convenient location on Altru Health System's main campus. Our transitional care neighborhood specializes in post-acute skilled nursing and rehabilitation services, helping individuals transition smoothly back home or to another care setting. Residents in our skilled nursing area benefit from a warm, neighborhood-like atmosphere and a range of amenities designed for comfort and well-being..



FOR THE NEXT 100 YEARS AND BEYOND



For 100 years, Valley Senior Living has been dedicated to caring for individuals in their time of need.

From 1924 to today, our organization has been guided by local Lutheran churches and has benefitted from the volunteerism and financial support of local women's church groups including the Bethesda Society. We have expanded from caring for 40 residents to caring for nearly 550 people daily. As the demand for care grew in our region, our organization adapted and expanded to meet that need over the past century.

Looking ahead, our second century promises new challenges. The Baby Boomer generation is significantly larger than previous generations, families are often geographically dispersed, the workforce is shrinking and difficult to retain, and regulations continue to be demanding.

As we enter this new era, Valley Senior Living is preparing to address these challenges and more. We remain committed to providing high-quality, compassionate Christian care. With strong leadership, visionary members on our Board of Directors, and a dedicated and skilled staff, we are confident in our ability to continue serving our community with excellence.

OUR CARING COMMUNITY



VALLEY SENIOR LIVING ON 42nd

INDEPENDENT SENIOR LIVING

Country Estates
4002 24th Avenue South
Grand Forks, ND 58201
701.787.7500

ASSISTED LIVING

Wheatland Terrace
4006 24th Avenue South
Grand Forks, ND 58201
701.787.7500

SKILLED NURSING AND MEMORY CARE

Woodside Village
4004 24th Avenue South
Grand Forks, ND 58201
701.787.7500

VALLEY SENIOR LIVING ON CHERRY

INDEPENDENT SENIOR LIVING

Cherrywood Village
3350 Cherry Street
Grand Forks, ND 58201
701.746.2545

BASIC CARE

Tufts Manor
3350 Cherry Street
Grand Forks, ND 58201
701.787.7600

VALLEY SENIOR LIVING ON COLUMBIA

CORPORATE OFFICE

SKILLED NURSING AND TRANSITIONAL CARE

2900 14th Avenue South
Grand Forks, ND 58201
701.787.7900

VALLEY SENIOR LIVING FOUNDATION

2900 14th Avenue South
Grand Forks, ND 58201
701.787.7997

