

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025

## Heartland

<p>1 10:30 New Years Trivia</p> 	<p>2 9:00 One-to-One Visits 10:00 Friends &amp; Fellowship &amp; GF Herald <b>2:30 Game Day in the Game Room &amp; Snacks</b> 4:00 Mail Delivery <b>Happy Birthday Gordon!</b></p>	<p>3 9:30 1:1 Visits &amp; Nails <b>11:00 All Faith Worship Service with Communion</b> 2:30 Bingo 4:00 Mail Delivery</p>	<p>4 9:00 One to One Visits 10:00 Penny Ante 4:00 Mail Delivery 6:07 UND Hockey (Midco Sports)</p>			
<p>5 <b>10:00 Worship on Ch. 98</b>  2:00 Movie &amp; Snack in the Auditorium</p>	<p>6 9:30 Get Your Nails Done 10:30 Fit N Fun Exercises 1:30 Kings in the Corner 2:30 Riddle Me This 3:30 Coffee Time &amp; Snack 4:00 Mail Delivery</p>	<p>7 9:00 One-to-one Visits 10:00 Catholic Communion 10:45 Chimes Choir <b>2:30 Music with Lindsey</b> 3:00 Kings in the Corner/ Coffee Time &amp; Snack 4:00 Mail Delivery</p>	<p>8 9:30 Baking with Erllene 10:15 Bible Study 11:00 Valley Voices 1:15 Community Culture <b>2:30 Birthday Party for Mary with Bingo</b> 4:00 Mail Delivery <b>Happy Birthday Mary!</b></p>	<p>9 9:00 One-to-one Visits 10:00 Friends &amp; Fellowship with GF Herald <b>2:30 Bingo Bash in the Auditorium</b> 4:00 Mail Delivery</p>	<p>10 9:30 One to One Visits &amp; Nails <b>11:00 All Faith Worship</b> <b>2:30 Music with Steve Krauhaar</b> 4:00 Mail Delivery</p>	<p>11  10:00 Friends &amp; Fellowship/News &amp; Views 4:00 Mail Delivery</p>
<p>12 <b>10:00 Worship on Ch. 98</b>  2:30 Bingo</p>	<p>13 9:30 Get Your Nails Done <b>10:00 Fun with the HeadStart Kids</b> <b>10:30 Fit N Fun Exercise</b> 2:30 Wheel of Fortune 3:30 Coffee Time &amp; Snack 4:00 Mail Delivery</p>	<p>14 9:00 One-to-one Visits 10:00 Catholic Mass 10:45 Chimes Choir <b>1:30 Quality of Life Meeting</b> 2:30 Left-Center-Right Dice Game 3:30 Snack 4:00 Mail</p>	<p>15 9:30 Baking with Erllene 10:15 Bible Study 11:00 Valley Voices <b>2:30 Birthday Party for Eleanor</b> 4:00 Mail Delivery <b>Happy Birthday Eleanor!</b></p>	<p>16 9:00 One-to-One Visits 10:00 Shut the Box 1:30 Resident Council <b>2:30 Making Hotdish for Cook-Off</b> 3:30 Snack 4:00 Mail Delivery</p>	<p>17 9:30 Cause for Paws Hotdish Cook-Off/Tasting <b>Proceeds to Circle of Friends</b> <b>11:00 All Faith Worship</b> 2:30 Bingo 4:00 Mail Delivery 7:07 UND Hockey (Midco Sports)</p>	<p>18 9:30 Friends &amp; Fellowship 10:30 Fit N Fun  6:07 UND Hockey (Midco Sports)</p>
<p>19 <b>10:00 Worship on Ch. 98</b>  2:30 Bingo</p> <p><small>Activity Professionals Week</small></p>	<p>20 9:30 Get Your Nails Done 10:30 Fit N Fun Exercises <b>2:30 Birthday Party for Lottie with Bingo</b> 4:00 Mail Delivery <b>Happy Birthday Lottie!</b></p> <p><small>Martin Luther King Jr. Day</small></p>	<p>21 9:00 One-to-one Visits 10:00 Catholic Communion 10:45 Chimes Choir 2:30 Bowling 3:30 Coffee Time/Snack 4:00 Mail Delivery</p>	<p>22 9:30 Baking with Erllene <b>10:15 Grandpals Read &amp; Play</b> 10:15 Bible Study 11:00 Valley Voices <b>2:30 Happy Hour/Calendar Planning</b> 4:00 Menu Planning Mail</p>	<p>23 9:30 Get Your Nails Done 10:30 Fit N Fun Exercises <b>2:30 Armchair Travel to Hawaii with a special snack</b> 4:00 Mail Delivery</p>	<p>24 9:30 One to One Visits &amp; Nails <b>11:00 All Faith Worship</b> <b>2:30 Balloon Volleyball Tournament with Wheatland</b> 4:00 Mail Delivery</p>	<p>25 <b>2:30 Birthday Party for Arlene</b> 4:00 Mail Delivery <b>Happy Birthday Arlene!</b></p>
<p>26 <b>10:00 Worship on Ch. 98</b>  2:00 Movie &amp; Snack in the Auditorium</p> <p><small>Australia Day (Observed)</small></p>	<p>27 9:30 Get Your Nails Done 10:30 Chair Yoga 1:30 Kings in the Corner 2:30 Shut the Box 3:30 Coffee &amp; Snack 4:00 Mail Delivery</p>	<p>28 9:00 One-to-one Visits 10:00 Catholic Communion 10:45 Chimes Choir <b>12:00 Take Out Tuesday</b> 2:30 Horse Racing 3:30 Coffee Time/Snack 4:00 Mail Delivery</p>	<p>29 9:30 Baking with Erllene 10:15 Bible Study 11:00 Valley Voices <b>2:30 How to Make a Charcuterie Board</b> <b>3:30 Happy Hour</b> 4:00 Mail</p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>30 <b>9:30 Making Homemade Pizza</b> <b>12:00 Pizza Party in the Game Room</b> 2:30 Bingo 3:30 Snack 4:00 Mail Delivery</p>	<p>31 9:30 One to One Visits &amp; Nails <b>11:00 All Faith Worship</b> <b>2:30 Neighborhood Trivia Challenge</b> 4:00 Mail Delivery 7:07 UND Hockey</p>	<p><b>January Birthdays</b> Gordon H. 1/2 Mary F. 1/8 Eleanor T. 1/15 Lottie B. 1/20 Ron H. 1/24 Arlene O. 1/25</p>

Activities are subject to change as events may arise! Volunteer Vibes: For volunteer opportunities Call Lisa: 701-787-7814